

# **FALLS CREEK PRIMARY SCHOOL**

## **SUNSMART POLICY**

(Revised December 2007)

Our SunSmart policy has been developed to ensure that all students and staff attending this school are protected from skin damage caused by the harmful ultraviolet rays of the sun. It is to be implemented throughout the year, but with particular emphasis in Terms 1 and 4.

### **Behaviour**

- require children to wear broad brimmed hats which protect the face, neck and ears, and protective clothing which covers the shoulders and body whenever they are outside (eg. recess, lunch, sport, excursions).
- work with the parent community to provide SPF 30+ broad-spectrum, water-resistant sunscreen for staff and student use.
- encourage the daily application of sunscreen before school and prior to the lunch break and allow time for application.
- require children and staff to wear sunglasses or goggles when participating in snow sport activities during winter.
- encourage children to use available areas of shade for outdoor activities.
- encourage staff and parents to act as role models by practising SunSmart behaviours.
- ask children who do not have appropriate hats or sun protection clothing to play in the shade.

### **Curriculum**

- incorporate programs on skin cancer prevention into the curriculum at all grade levels.
- regularly reinforce SunSmart behaviour in a positive way through newsletters, parent meetings, student and teacher activities.
- ensure the SunSmart policy is reflected in the planning of all outdoor events (eg. camps, excursions, sporting events).

### **Environment**

- schedule outdoor activities before 11:00 am and after 3:00 pm (before 10:00 am and after 2:00 pm outside daylight saving times) during terms 1 and 4 whenever possible.
- organise outdoor activities to be held in areas with plenty of shade whenever possible.
- work toward increasing the number of shelters so as to provide adequate shade in the school grounds.

### **Evaluation**

The Falls Creek Primary School Council will review the effectiveness of this policy each year. They will:

1. Review the SunSmart behaviour of students, staff, parents, and visitors and make recommendations for improvement.
2. Assess shade provision and usage and make recommendations for increases in shade provision.
3. Update and promote curriculum material relevant to SunSmart activities.